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FOR IMMEDIATE RELEASE

FRAEMBS NAMED EMPLOYEE OF THE MONTH

CHARLESTON, IL--Janet Fraembs of Charleston has been named Eastern Illinois University's "Employee of the Month."

Fraembs was chosen for the award from more than 800 Eastern civil service employees by the University's Civil Service Employee Recognition Committee. As secretary to acting Dean of the College of Applied Sciences Larry Helsel, Fraembs manages the dean's office, keeps the budget and serves as the dean's private secretary. She also provides information about the college to students and other interested individuals.

When asked what she enjoys most about her position she said, "I like my job because it changes all the time. I have a lot of loyalty and fondness for Eastern and I enjoy being a part of it," said Fraembs. She has been in the dean's office since 1984, but has worked at Eastern for 15 years.

"I am very honored that my co-workers think I deserve this award," said Fraembs, "I love the people with whom I work."

Fraembs has three daughters: Lisa Stout of Clarksville; Laura Fraembs from the Quad Cities area of IL; and Linda

-more-

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FRAEMBS

Fraembs of Springfield.

Attending or working at Eastern has been a family affair according to Fraembs, who graduated from Eastern in 1952. Her father, Ora Railsback, was physics department chair from 1925-1950. Her husband, Frank, teaches in the zoology department and is also a 1952 EIU grad; and all three of their daughters have attended Eastern.

Fraembs is a member of the Wesley United Methodist Church in Charleston where she currently serves as lay leader. Her "passion" is singing shape-note music, a form of religious folk music which has taken her to Chicago, St. Louis, Mo.; Birmingham, AL; and Madison, WI.

In addition, she is also a member of the Adult Fitness Program at Eastern and swims three times a week. In her free time she also enjoys needlepoint and reading mysteries.